

PGX[®]

Weight Loss Meal Replacement

French Vanilla

Product Summary

The PGX[®] (PolyGlycopleX[®]) Weight Loss Meal Replacement promotes healthy weight loss by reducing postprandial hyperglycemia, increasing satiety, and providing supportive nutrients for blood sugar metabolism. PGX[®] is a highly-viscous combination of well-purified water-soluble polysaccharides derived from konjac root, sodium alginate, and xanthan gum, which has been shown to reduce postprandial glucose concentrations and lower total and LDL-cholesterol, primarily by forming a gel matrix which slows gastric emptying. Postprandial hyperglycemia is an important causal factor in endothelial dysfunction, several complications of diabetes, and overweight. By reducing the glycemic index of foods, viscous fibers prevent postprandial spikes in blood glucose concentration and in insulin production. They have also been found to increase satiety and reduce appetite, promoting a lower caloric intake, resulting in weight loss.

PGX[®] is combined with whey protein and medium chain triglycerides, shown clinically to enhance body fat loss while preserving lean muscle, and to induce satiety and a decreased consumption of calories, respectively. A full complement of vitamins and minerals ensure support for healthy macronutrient metabolism.

Unique Features

- Contains 5 g of PGX[®] per serving
- A delicious and satisfying meal replacement that curbs appetite and prevents food cravings
- Low glycemic load and index; helps to normalize postprandial blood glucose levels and improves insulin sensitivity for less fat storage
- Suitable for carbohydrate-reduced diets
- Convenient breakfast and/or lunch meal replacement alternative
- No artificial sweeteners or flavors
- Also available in Double Chocolate and Very Strawberry

PGX[®]

Weight Loss Meal Replacement
French Vanilla
1 kg powder
Code: 9207



Scoop size: 31 g
Feature: Delicious, all natural flavor

Supplement Facts

Serving Size: 2 scoops (62 g)

Servings per Container: 16

Key Ingredients:

Whey Protein Concentrate (microfiltered, undenatured)..... 32 g
 PGX® (PolyGlycopleX®)..... 5 g

Highly purified fiber complex manufactured using the proprietary EnviroSimplex® process: Konjac-mannan (*Amorphophallus konjac*) (root), Sodium Alginate, Xanthan Gum
 Soy Lecithin..... 5.7 g
 Medium Chain Triglycerides..... 2.1 g

Ingredients: Whey protein concentrate (milk) (microfiltered, undenatured), soy lecithin, natural vanilla flavour, PGX® (PolyGlycopleX®) (konjac-mannan [*Amorphophallus konjac*] [root], sodium alginate, xanthan gum), organic cane juice, xylitol, medium chain triglycerides (coconut), dicalcium phosphate, potassium citrate, magnesium citrate, sodium chloride, calcium citrate, ascorbic acid, zinc citrate, niacinamide, biotin, ferrous fumarate, beta carotene, d-alpha tocopheryl acetate, copper chelate, molybdenum citrate, selenium chelate, manganese citrate, calcium pantothenate, folic acid, thiamin hydrochloride, pyridoxine hydrochloride, riboflavin, cyanocobalamin, potassium iodide, chromium chelate, ergocalciferol.

Contains no artificial preservatives, colours or sweeteners and no wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

Suggested Usage: To make a delicious and satisfying smoothie, blend, shake or briskly stir 2 scoops (62 g) of PGX® Weight Loss Meal Replacement into 12–16 fl. oz. of water once daily, or as directed by a health care professional. Drink additional water (12–16 fl. oz.) following the smoothie. When first taking PGX® Weight Loss Meal Replacement, begin with 1 scoop (31 g) in a glass of water (6–8 fl. oz.) and gradually increase to 2 scoops (62 g) as directed above.

Serving Option: You can also customize your drink mix by blending PGX® Weight Loss Meal Replacement with purified water and 1 cup of fresh or frozen organic berries or other fruit. PGX® Weight Loss Meal Replacement makes a delicious pudding. Mix as above, then pour into a bowl and refrigerate for 1 hour. Add ½ a banana or other fruit for variety.

Notice: A small percentage of people may initially experience minor, temporary digestive changes as the body adjusts to the addition of PGX®, usually in a few days. To help ease fiber digestion, slowly work up to the full dose. It is important to drink adequate amounts of water immediately after ingesting PGX®.

Contraindication: Those with a known allergy to any of the components should avoid it. Individuals at risk for intestinal obstruction, such as those with systemic sclerosis, should increase fiber intake with caution. While no specific contraindication exists or is predicted, data is lacking for use during pregnancy, lactation, and in children, and the dosage may need to be reduced for those less than 18.

Drug Interactions: A reduction in serum glucose concentrations may require a lowering of the dosage of any antidiabetic medications, and serum glucose should be monitored closely to prevent hypoglycemia. Oral medications may need to be taken one hour prior or two hours after, to prevent a reduction in their absorption. Similarly, fat-soluble vitamins should be taken separately. Theoretically, whey protein may decrease levodopa absorption, and should be taken together with caution.

Amount Per Serving		Calories from Fat 70	
Serving Size 2 Scoops (62 g)		Servings Per Container 16	
Amount Per Serving		Calories from Fat 70	
Calories 250		% Daily Value†	
Total Fat 8 g			12%
Saturated Fat 3 g			15%
Cholesterol 50 mg			17%
Sodium 310 mg			13%
Total Carbohydrate 19 g			6%
Dietary Fiber 5 g			20%
Soluble Fiber 4 g			
Sugars 11 g			
Protein 25 g			50%
Vitamin A 50%	•	Vitamin C 35%	
Calcium 60%	•	Iron 20%	
Vitamin D 25%	•	Vitamin E 20%	
Thiamin 50%	•	Riboflavin 50%	
Niacin 60%	•	Vitamin B6 40%	
Folate 30%	•	Vitamin B12 10%	
Biotin 25%	•	Pantothenic Acid 25%	
Phosphorus 50%	•	Iodine 25%	
Magnesium 35%	•	Zinc 40%	
Selenium 30%	•	Copper 25%	
Manganese 50%	•	Chromium 15%	
Molybdenum 35%	•	Potassium 20%	
† Percent Daily Values are based on a 2,000 calorie diet.			
Your Daily Values may be higher or lower depending on your calorie needs:			
		Calories:	2,000 2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat 9	•	Carbohydrate 4	•
		Protein 4	



· GUARANTEED ·

Bioclinic Naturals products are guaranteed to meet or exceed Good Manufacturing Practices (GMP) of the Canadian Government and the Therapeutic Goods Administration (TGA) regulations of Australia—among the world's highest standards for natural products.



Recyclable container

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